

# Cafeteria Order Form - September

# 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Labour Day No School	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22 PED Day No School	23
24	25	26	27	28	29	30

**\*NOTE\*** Hot meals must be ordered 1 week in advance, by Friday for the following week.

- Please indicate the hot meals your child will order for the week or month on this form and return to LES.
- Please send exact change or cheque to Holly Roy attached to this completed form for all hot meal orders.
- Please email Ms. Holly with any questions at [hollyroyforrester@yahoo.com](mailto:hollyroyforrester@yahoo.com)

**Student:** \_\_\_\_\_ **Homeroom:** \_\_\_\_\_ **Total: \$** \_\_\_\_\_



# Laurentian Elementary School

[www.laurentianelementaryschool.ca](http://www.laurentianelementaryschool.ca)

## Laurentian Elementary School Menu - 2023-2024

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
One	Hamburgers on a bun & Salad	Grilled Cheese & Soup	<u>Noodles with</u> meat sauce, salad & bread	Shepherd's Pie	Chicken Nuggets with rice & vegetables
Two	Ham, mashed potatoes and corn	Grilled Cheese & Soup	Lasagna & salad	Chicken quesadillas, Mexican rice	Pizza & salad
Three	Chicken burger with salad	Grilled Cheese & Soup	Noodles with meat sauce & salad	Fish with rice & Caesar salad	Hot sub with salad
Four	Roast pork, potatoes & coleslaw	Grilled Cheese & Soup	Macaroni & salad	Beef burritos, Mexican rice	Pizza & salad

- ❖ Full course meal: \$5.50 includes meal, drink & dessert
- ❖ Main dish only: \$4.50
- ❖ Grilled cheese only: \$3.50
- ❖ Grilled Cheese meal: \$ 5.50 includes meal, drink & dessert

**Reminder: A monthly order form will be emailed home. All meal orders must be submitted a week in advance.**

- \* When a Pedagogical/statutory holiday falls on Friday, the Friday meal will be served on Thursday.

### Individual prices

Bagel with cream cheese	\$2.50	Salad (small lettuce)	\$2.00
Cheese - Cheddar	\$1.00	Salad plate (cold)	\$4.50
Cinnamon rolls	\$1.00	Salad (small) with Ham & Cheese	\$3.00
Dessert of the day		Sandwiches	\$3.00
Drinks - Milk, Water, Juice	\$1.00	Soup	\$2.00
Fruit (fresh)	\$1.00	Soup (cream)	\$2.50
Ice cream bars/popsicles	\$1.00	Vegetables & dip	\$1.00
Muffins	\$1.00	Yogurt	\$1.00

See reverses side for week schedule

Holly Roy 450-562-1229