



Laurentian Elementary School

455 Court Street, Lachute, QC J8H 1T2 450-562-2401

This Agenda belongs to: _____ **Homeroom #:** _____

Welcome to a new school year at Laurentian Elementary School! We look forward to working together to make this a very successful school year for you. This agenda has been designed to help you to understand some basic elements of the school, to assist students with their homework assignments, and to help parents with communication between home and school.

Please take the time to read through these first few pages carefully with your parents and be sure that you understand everything in it. If you have any questions about anything in the agenda, please ask your teacher for further explanation. The agenda is a great tool to keep you organized. Please remember to take it home every day and have your parents initial it to help you at school.

It's a brand new year and a chance for you to start off well and set goals for the 2024-2025 school year. Our dedicated teachers and staff are here to help you but you need to do your part by trying your best and being respectful and responsible. Laurentian Elementary School will be whatever you make it. Be proud of your school. Take care of it inside and outside. Show respect to yourself, students, teachers, staff and volunteers. You have the power to determine your success as a student by coming to school prepared and by always putting forth your best effort. Be the best that you can be and let's have a great year together! You can do it!



Timetable

School Starts: 8:05

Recess Time: 10:25-10:45

Lunch Time: 11:45-12:45

Recess Time: 1:45-2:05

School Ends: 3:05



MISSION STATEMENT

At Laurentian Elementary school, given the diverse economic and linguistic backgrounds in our learning community, we strive to provide a safe, supportive and successful environment where all students are given the opportunity to reach their full potential.

OUR VISION

At Laurentian Elementary School our vision is to equip confident and responsible students to achieve their full potential academically, socially, and as global citizens. By ensuring that the school is a welcoming, happy, and safe environment, we will ensure that all students are treated with dignity, given equitable opportunities to learn, demonstrate their achievements, and graduate with success.

PERMISSION - WALKS

I authorize my child, _____, to accompany his/her class on "outdoor activities" around the school with his/her teacher.

Parent's signature: _____

Date: _____



Personal Items:

Personal items (i.e.: toys, skateboards, balls, Frisbees, electronic devices such as iPods, cell phones and trading card collections, etc...) are often at the root of many conflicts between students. Their presence tends to distract students from their studies and the productive learning environment established by the teacher. For this reason, all personal items are prohibited from Laurentian Elementary School unless permission is given by a teacher. The school is not responsible for these items. Also taking pictures or videoing without permission is prohibited without permission from school staff. If personal items are confiscated, they will be returned to parents.

PARENT AND STUDENT CONTRACT

BE READY means to:

*Be Punctual
Be Prepared
Be Organized*

I will arrive on time.

I will have all my materials.

I am ready to learn.

I keep my desk and hook area in order.

BE RESPECTFUL means to:

*Be Polite
Be Attentive
Be Kind*

I listen carefully to whoever is speaking.

I follow the teacher's instructions.

I respect Myself, I respect Others, I respect Property,

I respect the Environment

BE RESPONSIBLE means to:

*Be Safe
Be Fair
Be Honest*

I always do my best.

I complete all my assignments and homework.

I know and follow the school rules.

I play safe.

I have read the L.E.S. rules of conduct and positive behavior plan with my child. We agree to abide by the rules of conduct so as to allow all students to grow and learn in a safe, happy and harmonious environment. We will support the intent and actions of these policies.

Parent's signature: _____

Date: _____

Student: I (name), _____, have reviewed my agenda and the policies with my parents and I agree to follow the rules and guidelines.

Signature: _____

Date: _____

Communication:

The school will be using e-mail and Mozaik Parent Portal to communicate with parents. **Please make sure your that e-mail address is accurate.** The school newsletters, monthly calendars and report cards will be made available digitally. Paper copies are sent home to families who do not have access to the internet.

Contacting the School and Reporting Absences:

- The office is open daily from 8:00 a.m. to 3:30 p.m.
- Parents must call the school before 8:00 a.m. to inform the secretary of their child's absence or late arrival. Absences and late arrivals can also be recorded on the Mozaik Parent Portal
- Please indicate the reason for the absence in your message.
- The secretary can be reached at 450-562-2401.
- The secretary will call the parents of students **who have not notified** the school of their child's absence.



Homework Guidelines for Success:

Time Allocation and Content Guidelines as indicated on the SWLSB website.

GRADE / LEVEL	DAILY TIME ALLOCATION	CONTENT
Kindergarten		Activities to support early learning activities at home (e.g., reading to children, counting activities).
Cycle 1	15 minutes	Activities that promote literacy and numeracy
Cycle 2	30 minutes	Read on a regular basis, practice basic math skills, and carry out simple reference work.
Cycle 3	45 minutes	Read on a regular basis, practice math skills, and carry out simple project oriented tasks.

Ask your child about their homework- when is it due, what is it about.



- ✓ Let your child do his/her homework independently. Be nearby to offer assistance, but don't hover over your child.
- ✓ Provide a quiet place away from distractions.
- ✓ No T.V., no phone calls, during homework time!
- ✓ Look over your child's homework, but don't do the work.
- ✓ Have a supply box of standard homework supplies (pencils, sharpener, eraser, ruler, etc.)
- ✓ Contact the teacher if there is a homework problem you can't resolve.
- ✓ If your child is absent from school or an assignment is unclear, suggest your child call a friend.

OUR EDUCATIONAL PROJECT

Laurentian Elementary School is an English school under the jurisdiction of the Sir Wilfrid Laurier School Board. Its student population is housed at 455 Court St, in Lachute, Quebec and serves the lower Laurentian community.

Laurentian Elementary School follows the Quebec Educational Program and offers instruction to children between the ages of four (4) to twelve (12), elementary Pre-Kindergarten to cycle 3. It offers an MEQ Daycare program. Laurentian Elementary School has many extra-curricular programs including basketball, leadership, drama, dance, glee club and many other clubs and activities that promote social growth.

Our school's Educational Project is based upon the aims and objectives elaborated in the Sir Wilfrid Laurier School Board's Commitment-To-Success-Plan. In our committed efforts to ensure that each student achieves success in his/her academic growth and personal development, our school success plan includes the following policy orientation objectives:

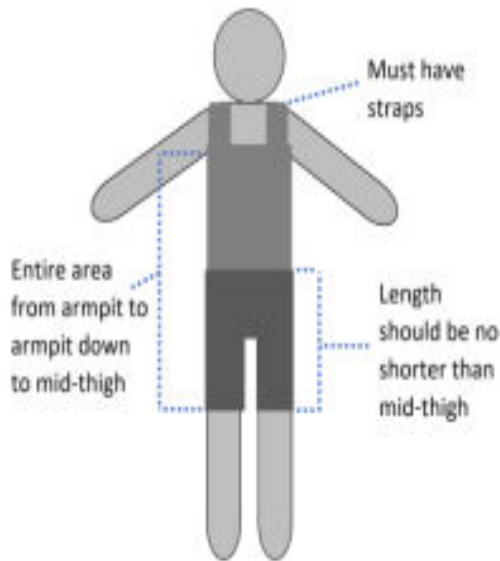
POLICY ORIENTATIONS OBJECTIVES

The purpose of the school success plan is to establish a clear plan of action for Laurentian Elementary School that ensures the success of all students. Our Educational Project has 3 main orientations:

1. Promoting high leverage teaching practices to increase student success rates with a focus on early literacy
2. Promoting quality differentiated instructional practices that foster equitable learning opportunities for all students.
3. Promoting a safe and caring environment that supports the social and emotional growth of all stakeholders

Dress Code at Laurentian Elementary School

In keeping with the LES vision of **a welcoming, safe, accessible and supportive learning environment**, all students are expected to follow our dress code:



- Closed toe shoes must be worn at all times with the exception of sport sandals in the summer (high heels or flip flops are not allowed).
- Each student is required to have a pair of “indoor” shoes and a pair of “outdoor” shoes or boots.
- All sleeveless tops must have straps the width of 2 fingers.
- Tops that are low cut in the front or sides, or that show the midriff are not permitted at school.
- No clothing with profanity or inappropriate slogans is permitted
- All forms of leggings (short or long) must be worn with a shirt that is at least hip-length.
- All shorts or skirts must reach mid-thigh.
- No ripped or torn clothing will be permitted.
- No ostentatious make-up or piercings
- Hats and hoods will be permitted outside the building only.

All students from grades 3-6 will be expected to bring a change of clothing on the days where they have physical education. Permitted attire for Physical Education includes:

- Athletic attire (shorts, track pants, jogging pants)
- Short-sleeved t-shirt
- Running shoes

Specifications for outdoor winter weather:

- All students are expected to have a winter coat that is appropriately warm for the temperature outside.
- All students are required to wear boots outside when there is snow on the ground.
- All students must have hats, gloves/mittens, scarf/neck warmer during cold weather
- Students from Pre-k to Grade 4 are required to wear snow pants outside when there is snow on the ground.
- Grade 5-6 students may choose not to wear snow pants provided they stay on the paved area of the school yard. If they play in the grassy areas or directly in the snow, snow pants will be required.



Laurentian Elementary School Anti-Bullying Plan



Bullying

The word “**bullying**” means any repeated direct or indirect behaviour, comment, act or gesture, whether deliberate or not, including in cyberspace, which occurs in a context where there is a power imbalance between the persons concerned and which causes distress and injures, hurts, oppresses, intimidates or ostracizes;

The following actions can be considered bullying if they meet the above criteria:

Physical:

- Hitting, kicking, punching;
- Pushing, shoving, spitting;
- Forcing others to hand over food, money or something that belongs to them;
- Making someone do something they don't want to do.

Verbal:

- Name calling;
- Teasing, insults, putdowns;
- Threatening of any kind;
- Making fun of someone because of their appearance, physical characteristics, cultural background, or sexual orientation;
- Making fun of someone's actions.



Indirect (social and psychological):

- Excluding others from the activity or the group;
- Spreading untrue stories about others;
- Making inappropriate gestures;
- Taking, hiding or damaging something which belongs to someone else;
- Sending nasty emails or text messages;
- The inappropriate use of websites, chat-sites or camera phones.

Cyberbullying (involving the use of Information & Communication Technologies):

- Threats, Insults, Rumors;
- Identity theft;
- Harassment, Discrimination, Denigration, Defamation;
- Filtering or online blocking;
- Making inappropriate messages;
- Posting fights, incidents on TikTok or any other social media website.

*******These lists are not exhaustive*******

Bullying must not be tolerated and requires intervention should it occur. Bullying occurs across all the social, cultural and socioeconomic contexts. It is a complex phenomenon with multiple origins. Like others forms of violence, bullying must not be tolerated and requires intervention if, and when it occurs.

Bullying is not fighting. Bullying is aggression (imbalance of power) and not necessarily a physical fight. The term conflict means a shock, a clash. It suggests differences that are opposite, i.e. a difference between two individuals, two groups, an individual and a group who are interacting because their interests, their objectives, their values, their way of doing things, their roles or their ideas are a sharp contrast. A jostle, a fight, an insult or another threat restricted to two individuals on equal power footing is not considered bullying.

Strategies to Deal with Bullying

Our goal is to teach self-discipline and respect – respect for self, for others and for property. Our positive behaviour plan is to teach students to *Be Ready, Be Responsible and to Be Respectful*.



Responsibilities of staff:

- To model appropriate behaviour, respecting individual differences and diversity;
- To reinforce the message that bullying is not accepted or tolerated;
- To treat seriously all reports or observed incidences of bullying;
- To report incidences of bullying to the principal/designate or behavior technician in writing;
- To follow up bullying incidents with students, staff or parent when necessary;
- To ensure that students are supervised at all times and school rules are followed.

Responsibilities of students:

- To model appropriate behaviour, respecting individual differences and diversity;
- To reinforce the message that bullying is not accepted or tolerated;
- To help someone who is being bullied;
- To refrain from bullying others;
- To inform an adult if they are being bullied or if they see someone else being bullied - both at school and on the way to and from school.

Responsibilities of parents:

- To model appropriate behaviour, respecting individual differences and diversity;
- To reinforce the message that bullying is not accepted or tolerated;
- To instruct their children to tell the appropriate adult if they are bullied;
- To speak to the classroom teacher, daycare technician, Principal if their child is being bullied, or they suspect that this is happening.

Laurentian Elementary School Menu - 2024-2025

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
One	Hamburgers on a bun & Salad	Grilled Cheese & Soup	Noodles with meat sauce & salad	Shepherd's Pie	Chicken Nuggets with rice & vegetables
Two	Ham, Mashed potatoes and corn	Grilled Cheese & Soup	Lasagna & salad	Chicken quesadillas, Mexican Rice	Pizza & salad
Three	Chicken burger with salad	Grilled Cheese & Soup	Noodles with meat sauce & salad	Fish with rice & Caesar salad	Hot sub with salad
Four	Roast pork, potatoes & coleslaw	Grilled Cheese & Soup	Macaroni & Cheese & Salad	Beef Burritos, Mexican Rice	Pizza & salad

Full course meal: \$5.50 includes meal, drink and dessert

Main dish only: \$4.50

Grilled Cheese only: \$3.50

Grilled Cheese meal: \$5.50 includes soup, drink and dessert

REMINDER: A monthly order form will be emailed home. All main meal orders must be submitted a week in advance.

*****PLEASE NOTE: WHEN A PEDAGOGICAL/STATUTORY HOLIDAY FALLS ON FRIDAY, THE FRIDAY MEAL WILL BE SERVED ON THURSDAY*****

<u>Individual prices</u>			
Bagel with cream cheese	\$2.50	Salad (small)	\$2.50
Cheese - Cheddar	\$1.00	Salad Plate (large)	\$4.50
Cinnamon rolls	\$1.00	Small salad with ham/cheese	\$3.50
Dessert of the day	\$1.00	Vegetables & Dip	\$1.00
Drinks - Milk, Water, Juice	\$1.00	Sandwiches	\$3.00
Fresh Fruit	\$1.00	Soup	\$2.50
Ice cream bars / Popsicles	\$1.00	Soup (Cream)	\$2.50
Muffins	\$1.00	Yogurt	\$1.00